

ANGELA MACK

PROFESSIONAL SCHOOL COUNSELOR



+1.757.915.2947



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angeladmack.com

With extensive international experience as a high school counselor, I specialize in designing and implementing comprehensive SEL programs tailored to diverse student populations. My expertise spans direct student counseling, curriculum development, and collaboration with educational stakeholders to ensure holistic student well-being. As a Licensed Graduate Professional Counselor, I've provided crisis interventions and short-term therapeutic services and have driven data-informed strategies to improve SEL initiatives. My proactive approach encompasses both preventive measures, such as tailored lesson plans for self-exploration and career guidance, and reactive strategies, ensuring students are supported during critical transitions and challenges.

INTERNATIONAL COUNSELING EXPERIENCE

HIGH SCHOOL COUNSELOR | INTERNATIONAL COMMUNITY SCHOOL Addis Ababa, Ethiopia / Aug 2024 - Present

- Creating and co-creating comprehensive policies and procedures for the counseling department to enhance operational efficiency and consistency.
- Digitizing counseling forms and integrated them into PowerSchool to increase documentation accuracy and accessibility.
- Networking with universities to support student transitions and facilitate smoother pathways to higher education.
- Collaborating with grade-level leads to support student needs and enhance academic and social-emotional well-being.
- Create ISCA/IB ATL advisory lessons for grades 9 and 10 to enrich the advisory curriculum. Led the development of the leadership curriculum for grade 11 advisory
- Leading the current counseling audit to evaluate and improve counseling services in alignment with best practices.
- Conducting individual and small group family new student orientations to aid in student acclimation and success.
- Scheduled new students and assessed transcripts to facilitate proper course placement and academic planning.
- Provide family and individual counseling for academic, university, and social-emotional concerns to support holistic student development.
- Revitalizing and leading the ICS Student Ambassador program to promote student leadership and a welcoming community for all students.
- Advising the "Mind Matter" mental health service club to support student initiatives on mental health awareness.

MIDDLE SCHOOL COUNSELOR | INTERNATIONAL COMMUNITY SCHOOL Addis Ababa, Ethiopia / Feb 2024 - June 2024

- Collaborated with school leadership to address middle school students' social-emotional needs, enhancing overall well-being and academic success.
- Administered targeted Tier III SEL interventions and provided specialized consultations to address complex student needs.
- Partnered with educators and parents to develop and implement focused interventions for students requiring additional support.
- Delivered focused short-term counseling and facilitated group sessions to support student development and crisis management.
- Facilitated conflict resolution sessions and peer mediation workshops to improve student relationships and promote a positive school climate.
- Participated in child safeguarding team meetings, contributing to strategies that ensure the safety and protection of all students.
- Spearheaded an initiative to update and expand the directory of external mental health resources, enhancing community partnerships and student access to specialized services.

EDUCATION

MENTAL HEALTH COUNSELING POST-MASTER'S CERTIFICATE

Johns Hopkins University
Baltimore, MD, USA
June 2012

MASTER OF SCIENCE SCHOOL OF EDUCATION

Johns Hopkins University
Baltimore, MD, USA
December 2011

BACHELOR OF SCIENCE

Radford University
Radford, VA, USA
May 2007

CERTIFICATION

LICENSED GRADUATE PROFESSIONAL COUNSELOR

Maryland, USA

NATIONAL BOARD CERTIFIED COUNSELOR

National Board for Certified Counselors

NATIONAL CERTIFIED SCHOOL COUNSELOR

National Board for Certified Counselors

YOUTH MENTAL HEALTH FIRST AID INSTRUCTOR

National Council for Mental Wellbeing



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EXPERIENCE CONTINUED

SOCIAL EMOTIONAL COUNSELOR | AMERICAN EMBASSY SCHOOL NEW DELHI, INDIA / 2020 - 2023

- Administered Tier III SEL interventions and offered specialized consultations.
- Partnered with educators and parents for targeted student interventions.
- Delivered focused short-term counseling and group sessions.
- Responded to crisis situations, including suicidal ideation and community tragedies.
- Liaised with external therapists, facilitating necessary student referrals.
- Analyzed data to refine and improve SEL initiatives.
- Advised on co-curricular activities emphasizing mental well-being and transitions.
- Designed grade-specific counseling modules and an 11-unit SEL curriculum for grades 9-10.
- Spearheaded transition programs, including onboarding new students and aiding departures.
- Presented student mental health insights to health and academic staff.
- Led initiatives mapping learning outcomes across grades 9-12.
- Contributed actively to school-wide initiatives, emphasizing SEL and faculty assessment.

JUNIOR SCHOOL COUNSELOR

BRANKSOME HALL ASIA/ JEJU, SOUTH KOREA / 2018 - 2020

- Developed and delivered curriculum for classroom sessions.
- Conducted weekly group counseling, as well as individual sessions.
- Offered teacher training and insight on student-centric guidance.
- Assisted in crafting Personal Success Plans' developmental and social goals.
- Ensured meticulous record-keeping of student interactions.
- Initiated after-school activities, like peer mediation, rooted in Restorative Practice.
- Authored a comprehensive School-Wide Needs Assessment and drove data analysis for the Junior School.
- Designed the overarching counseling curriculum framework.
- Collaboratively established and enforced suicide prevention and postvention policies.

HIGH SCHOOL COUNSELOR

SEOUL FOREIGN SCHOOL / SEOUL, SOUTH KOREA/ 2015 - 2018

- Collaborated with parents, teachers, and administrators on student needs and concerns.
- Employed student data for precise interventions and support.
- Oversaw student academic progress, behavior, and attendance, facilitating suitable interventions.
- Guided students in setting academic and personal goals.
- Managed SAT/PSAT coordination and supervised IB Extended Essay and CAS projects.
- Demonstrated leadership during crises, ensuring necessary resource consultations.
- Ensured diligent follow-ups on all student referrals.
- Supported student seminars on self/career exploration and college application processes.
- Assessed transcripts and managed academic placement tests.
- Contributed to the creation of new student programs, guidance newsletters, and transition initiatives.
- Assisted globally with college applications and financial aid processes.
- Revitalized and led the SFS Student Ambassador program for transitions.

AFFILIATION

INTERNATIONAL SCHOOL COUNSELING ASSOCIATION

Member, 2015

AMERICAN SCHOOL COUNSELING ASSOCIATION

Member, 2011

AMERICAN COUNSELING ASSOCIATION

Member, 2011

NATIONAL BOARD FOR CERTIFIED COUNSELORS

Member, 2012

KEY SKILLS

Curriculum Development
Classroom Management
Technology Integration
Creative Lesson Planning
Proficient in Korean

TECHNICAL EXPERTISE

Standardized Testing Coordination
Google Suites
Student Information Systems
Project Planning
Social Media Networking